



Insulation fitting instructions

Fitting the insulation is a simple operation as long as you keep these do's and do not's in mind.

The door must not be damp and must be grease free.

Depending on the size of you door you can fit it vertical or horizontal.

Remove any locking bars or wires if they will hinder you. It is easiest with 2 people but one can do it.

Cut the insulation to the lengths needed, allowing for the in and out it will do as it passes over the braces, if you have any.

Line the insulation up, starting at one end peel the backing off and press onto the door. Check you are running truly parallel before you go any further. Move across or down the door peeling the backing as you go. When you get to a brace, mould the insulation around it, don't just go over and push it into place as it will pop out after some time. Carry on in the same way with all the other strips, you should have enough to overlap but check by how mush as it will depend on the size of the door.